



# Engaging Students After Covid Distancing

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# Challenges and Opportunities



## Student Engagement



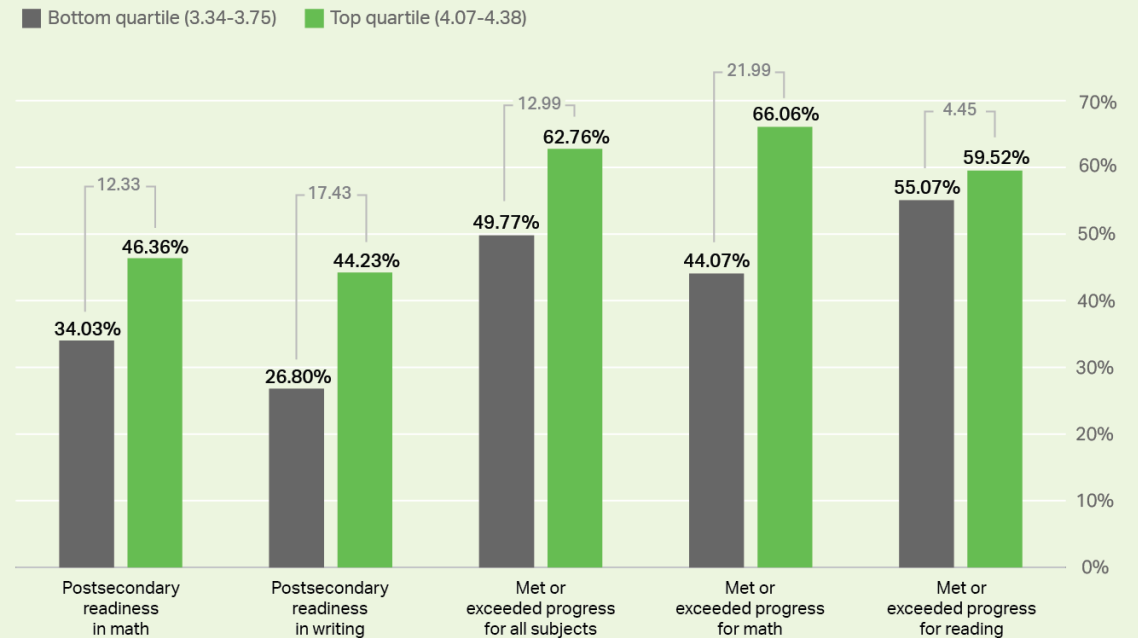
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# Student Engagement

- Impact of college
  - *largely determined by individual effort and involvement in the academic, interpersonal, and extracurricular offerings on campus* (Pascarella and Terenzini)
- Best Predictors of graduation
  - *are academic preparation, motivation, and student engagement* (Pascarella and Terenzini)
- More likely to succeed and persist
  - *when they are engaged in the academic and social life on campus* (Tinto)

School Engagement Quartiles and Student Academic Outcomes



GALLUP STUDENT POLL



# Covid's Impact on Student Engagement

- Community College Students
  - 59% reported “strongly agreed or agreed” they have tried to avoid campus situations where they are unable to maintain social distance of at least 6 feet
    - Non-traditional students reported being more likely to avoid these situations
- Feelings of isolation
  - Online classes made it harder to make friends and connect with others about what they were learning
- 2 in 5 students noted that it's been harder to meet classmates (41%) and make friends (42%) (bestcolleges.com)



# Covid's Impact on College Students Mental Health

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- Over 90% of college students have experienced negative mental health symptoms due to the pandemic (bestcolleges.com, 2022)
  - Anxiety
  - Depression
    - *Up to 44% of college students reported having symptoms of depression and anxiety (Mayo Clinic Health Systems, 2021)*
  - Suicide
    - *Suicide is the 2<sup>nd</sup> leading cause of death among people aged 10-34 (CDC, 2019)*
    - *1 in 4 people aged 18 to 34 seriously contemplated suicide in June 2020 (Centers for Disease Control and Prevention)*
- Developmental
  - Adjustment/transitional
  - Identity
- Substance use
  - *6.7% of U.S. adults experienced a co-occurring substance use disorder and mental illness in 2020 [17 million people] (National Survey on Drug Use and Health, 2020)*





# Here to Stay

- Counseling Center
  - Teletherapy
    - 1 part-time counselor works remotely
  - Online Resources
    - Google Docs Information
    - Interactive Resources

[Jasper Campus  
Google Site](#)

[Vincennes Campus  
Google Site](#)

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## WE'RE HERE TO HELP

8 IMPORTANT RESOURCES

Click each image to be redirected to their website



Seize the Awkward recognizes that having a conversation about mental health might be awkward, but also that it can make all the difference. Their website has all the tools - from conversation guides to tips - to help make the conversation easier.



A safe, judgement free support service for LGBTQ and questioning youth who are struggling or thinking about suicide. Available 24/7. Call 1-866-488-7386 or text "START" to 678-678



Call or chat 24/7  
800-273-TALK (8255)



A peer support phone service run by trans people for the trans community, that operates from 10am to 5am EST. Call 877-565-8860



"The nation's leading organization focused on supporting the mental health and emotional well-being of young people of color." - The Steve Fund



Mental Health Is Health! Resources for you and your friends. There is also an option to call or chat with a trained counselor 24/7.



Assistance to survivors of domestic and sexual violence, stalking, and human trafficking that includes crisis counseling, safety planning, case management, and advocacy. Crisis Hotline: 812-899-HOPE (4673)

Scan QR code or click HERE to be redirected to the VU Counseling Center Google Site for many more resources





**Faculty/Staff**



**Miss the webinar?**

View the recording at : [Wellness Webinar](#)

Faculty Zoom Consult Hour

Faculty and staff have the opportunity to meet with a member of the counseling staff via Zoom to discuss resources, brainstorm ideas, and express concerns related to mental health issues.

Sales Taxes for Fall 2022 T24.

Shooting Down Birds

**Red Folder Resources** - Signs a student may be in distress, how to respond/protocol, and resources available to the student.

Open PDF to view 2 more documents

### CASE Information

General information can be found [HERE](#).

Access the reporting form: [HERE](#)

## A child's home will influence his or her school performance.

- Reports are reviewed as they come in. The person submitting the report is always contacted as a firm acknowledgment within 24-72hrs of receipt, depend on severity or seriousness of report. There may be up afterwards, these may vary based again on incident severity, confidentiality (FERA, HIPPA, etc.)
- The committee regularly meets weekly, however it reserves the right to call an emergency meeting if it Care reports and incidences vary.
- The website does give an overview of what Care or report may involve, there are some instances in which Care report may be warranted. It is not an exhaust of all possibilities. Faculty always have the option to contact a department directly for assistance, the Center is not another option.



## Facutly/Staff Resources

## Red Folder Resources

## Counseling for Faculty and Staff

## Consultation

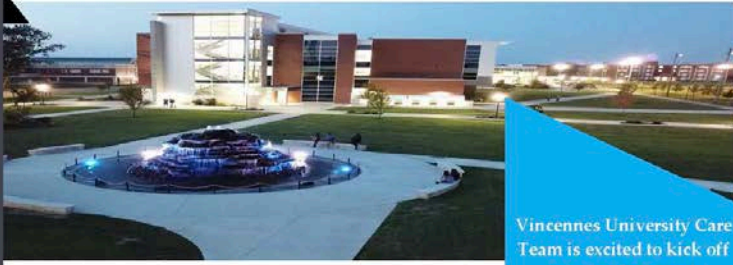
## When to Refer A Student to Counseling

## How to Refer a Student to Counseling

To visit the Counseling Office page on the Vincennes University Jasper website please click [here](#):

VUJ Counseling Office

Admin 226  
812-482-3030  
vujecounseling@vina.edu



Vincennes University Care Team is excited to kick off services Fall 2021!

#### STUDENTS CAN BE REFERRED FOR:

Food insecurity, financial issues, personal difficulties, relationship issues, mental health concerns, illness, medical, & hospitalizations, concerning online or social media posts, or homesickness, loneliness, & difficulty adjusting to University life, and so much more



What we do: The Care Team serves as a central network focused on preventative and timely intervention. We are a resource for students, faculty, staff, parents, families, and community members. Anyone can refer students who may need additional assistance, resources, & support. Students can refer themselves as well. The Care Team will coordinate University follow-up and ongoing support for the students.

#### HOW TO REFER:

Do you have a student, friend, or classmate who may need additional assistance? Do you need additional support? You can fill out a form at [vinu.edu/careteam](http://vinu.edu/careteam)



For more information about VU's Care Team please visit our [webpage](#)

#### WHAT WE ARE NOT:

The Care Team is not intended to get students in trouble or report emergencies. The Care Team does not handle cases related to Title IX.

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# Here to Stay

- Care Team
  - A proactive, cross-functional assessment team which provides assistance and support to students who present a need and require additional resources to manage their academic and social experiences





# Here to Stay

- Meeting students where they are...
  - Post Covid edition



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# Future Strategies

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**NEW STUDENT  
ORIENTATION**  
Friday, August 13th

- New Student Orientation Model

- Texting Students



# Future Strategies

- Back to student-driven programming
- Flexibility, when it makes sense
- Visibility



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## Tuesday Talks- Resume TUESDAY, SEPTEMBER 6, 2022, 11 – 11:15AM

This is the first of our Tuesday Talks Workshops over Resumes. Tuesday Talks are held Tuesdays at 11am at three different locations on campus. All majors are welcome at any location!

Wathen Business- 1st floor student lounge  
College of Technology- 1st floor atrium  
Shake LRC- 1st floor Knowledge Market





# Hyper Engaged Students





# Questions

